



**Alabama
Department of
Postsecondary Education**

Representing the Alabama Community College System

STATEWIDE CAREER/TECHNICAL EDUCATION COURSE ARTICULATION REVIEW MINUTES

Articulation Agreement Identifier: COS 117/COS 118 (2007-2) Identifier is the postsecondary course prefix followed by Plan-of-Instruction version number (e.g.; INT 100 (2007-1)).

Applicable CIP code(s): 12.0401

Postsecondary course prefix, number, and title: **COS 117 – Basic Spa Techniques / COS 118 – Basic Spa Techniques Lab**

Secondary Education course(s) title and number: 441304/510063 - Introduction to Spa Techniques + 441305/510064 - Advanced Spa Techniques Applications

Initial Review: February 18, 2010 Annual DPE Review: February 15, 2012

Effective date: **Fall Semester 2011.**

Course Content Analysis (all postsecondary course objectives must be sufficiently addressed in the secondary courses):

Notes:

- 1 Skills and knowledge contained in the postsecondary course objectives must be present in the corresponding secondary objectives for a “match” to occur.**
- 2. Postsecondary and Secondary objectives must reflect similar content and performance levels before the course articulation agreement will be recommended to the TEDAC Oversight Committee.**
- 3. More than one Secondary course may be used in order to articulate to a Postsecondary course.**

Postsecondary Course Objectives	Secondary Objectives and Location(s)	TEDAC Comments
<p>COS 117 - BASIC SPA TECHNIQUES Module A – Anatomy And Physiology Competency: A1.0 Explain the anatomy and physiology of the human body. Performance Objective – None A1.1.1 Define terms associated with anatomy and physiology. A1.1.2 Describe the structure and function of cells. A1.1.3 Describe how cells reproduce. A1.1.4 Identify types of tissue found in the body. A1.1.5 Describe the various body organs and their function. A1.1.6 Describe the various body systems and their function. Module B – Histology of the Skin Competency: B1.0 Comprehend the structure, composition, and disorders of the skin. Performance Objective - None Learning Objectives: B1.1.1 Identify the structures of skin. B1.1.2 Identify types of skin. B1.1.3 Describe the function of skin. B1.1.4 Explain the factors that influence the aging process of skin. B1.1.5 Describe various skin disorders. B1.1.6 Differentiate between contagious and non-contagious skin disorders. Module C – Facials Competency: C1.0 Explain procedures for performing various types of skin care services. Performance Objective – See COS 118 Learning Objectives: C1.1.1 Differentiate between preservative and corrective types of facial services.</p>	<p>COURSE TITLE - INTRODUCTION TO SPA TECHNIQUES Unit 1 – Anatomy and Physiology Content Standards: 1. Explain scientific principles related to the study of organs and tissues relevant to cosmetology. • Identify the types of tissues found in the body. 2. Describe the function and principle parts of the nervous, skeletal, muscular, and circulatory systems as they relate to cosmetology and barbering. 3. Describe the structure, composition, and function of the skin. • Explaining factors that influence the aging process of skin • Identifying contagious and non-contagious skin disorders • Identifying various types of skill • Explaining regeneration of the skin Learning Objectives: 1. Explain the scientific principles of organs and tissues. 2. Explain the muscular system. 3. Define the nervous, skeletal, muscular, and circulatory systems as they relate to cosmetics. 4. Analyze the skin to identify types and disorders. Unit 2 – Basic Facial Care Content Standards: 4. Describe procedures for performing a basic facial treatment. 5. Identify various types of massage movements and their effects. 6. Describe types of electric current used in facial treatment and related safety precautions. 7. Describe techniques for performing hair removal. • Differentiating between permanent and temporary hair removal 8. Demonstrate basic facial massage movements.</p>	

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<p>C1.1.2 Explain considerations for analyzing skin for various facial services.</p> <p>C1.1.3 List the steps of a basic facial treatment.</p> <p>C1.1.4 Describe procedures for performing a basic facial treatment.</p> <p>C1.1.5 Describe the various types of massage movements and their effects.</p> <p>C1.1.6 Explain the benefits of electrotherapy.</p> <p>C1.1.7 Describe the different types of electrical current used in facial treatment and related safety precautions.</p> <p>C1.1.8 Explain the benefits of light therapy.</p> <p>C1.1.9 Describe the different types of light therapy and related safety precautions.</p> <p>Competency:</p> <p>C2.0 Explain procedures for performing day, evening, and corrective makeup applications.</p> <p>Performance Objective – See COS 118</p> <p>Learning Objectives:</p> <p>C2.1.1 Describe considerations for creating color harmony based on client skin tone, needs, and preferences.</p> <p>C2.1.2 Describe characteristics of each facial type.</p> <p>C2.1.3 Recommend makeup application based on facial type.</p> <p>Competency:</p> <p>C3.0 Explain procedures for performing various types of hair removal services.</p> <p>Performance Objective – See COS 118</p> <p>Learning Objectives:</p> <p>C3.1.1 Describe considerations when consulting with clients for performing various types of hair removal.</p> <p>C3.1.2 Differentiate between permanent and temporary hair removal.</p> <p>C3.1.3 Describe various contra-indicators for performing hair removal.</p> <p>C3.1.4 Describe techniques for performing various types of hair removal.</p>	<p>• Identifying products and supplies used to perform a basic facial.</p> <p>9. Identify safety and infection control procedures for skin care services.</p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> 1. Explain the procedure for a basic facial 2. List types of massage movement. 3. Explain types of electrical current used in a basic facial. 4. List types of hair removal techniques. 5. Demonstrate basic facial and massage movements. 6. Analyze safety and infection control procedures used in providing skin care services. <p>Unit 3 - Skin Care, Cosmetics, and Applications</p> <p>Content Standards:</p> <ol style="list-style-type: none"> 10. Identify categories, types, and uses of professional skin care products and cosmetics. 11. Describe characteristics of facial types. <ul style="list-style-type: none"> • Identifying consideration for creating color harmony based on skin tone needs and preference 12. Demonstrate the application of make-up based on facial type, including analysis and recommendation. <p>Learning Objectives:</p> <ol style="list-style-type: none"> 1. Describe the various types of cosmetics and their uses. 2. Compare facial types. 3. Demonstrate basic makeup procedures for any facial type. 4. Determine safety measures to be followed during make-up application. 	

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<p>Module D – Nail Care Competency: D1.0 Explain procedures for performing various types of manicure and pedicure services. Performance Objective – See COS 118 Learning Objectives: D1.1.1 Describe the structure and growth of nails. D1.1.2 Describe types and causes of various nail disorders and irregularities. D1.1.3 Differentiate between contagious and non-contagious nail disorders. D1.1.4 Explain considerations when consulting with a client for nail services. D1.1.5 Describe nail specialty services. D1.1.6 Describe various nail spa treatments and their benefits. D1.1.7 Describe considerations for safety and sanitation when performing manicure and pedicure services. D1.1.8 Describe procedures for setup and preparation for manicure and pedicure services. D1.1.9 Describe procedures for performing manicure and pedicure services. Competency: D2.0 Explain procedures for performing various types of advanced nail enhancements. Performance Objective: See COS 118 Learning Objectives: D2.1.1 Describe various advanced techniques for nail enhancements and removal.</p>	<p>COURSE TITLE: ADVANCED SPA TECHNIQUES APPLICATION Unit 1 – Hair Removal Content Standards: 1. Demonstrate techniques to remove unwanted facial hair, including methods for temporary and permanent removal. 2. Demonstrate safety and infection control for hair removal services. Learning Standards: 1. Identify the techniques of permanent hair removal. 2. Identify the techniques involved in temporary hair removal. 3. Demonstrate temporary techniques for removing unwanted facial hair. 4. Demonstrate permanent techniques for removing unwanted facial hair. Unit 2 – Corrective Makeup Application Content Standards: 3. Apply makeup used for day and night wear. 4. Identify situations where the application of corrective makeup may be desired. 5. List products and supplies needed for corrective makeup application. 6. Demonstrate how to minimize facial flaws with makeup. Learning Objectives: 1. Explain how makeup for day and night differ. 2. Compare makeup products and supplies used for day and night wear. 3. Apply makeup used for day wear. 4. Apply makeup used for night wear. 5. Assess situations where application for corrective makeup information is needed. 6. Determine products and supplies used to apply makeup for corrective situations. 7. Demonstrate how to use make up to minimize facial flaws.</p>	

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<p>COS 118 – BASIC SPA TECHNIQUES LAB Module C – Facials Competency: C1.0 Perform various types of skin care services. Performance Objectives: C1.1 Demonstrate skin care services to include consultation, analysis, massage, basic facial activities. C1.2 Perform day, evening, and corrective makeup applications. C1.3 Perform various types of hair removal services.</p> <p>Module D – Nail Care Competency: D1.0 Demonstrate various types of services for nail care and nail enhancements. Performance Objectives: D1.1 Setup implements and materials for performing nail care. D1.2 Perform manicure and pedicure services. D1.3 Perform various types of nail enhancements.</p>	<p>Unit 3 – Lash and Brow Procedures Content Standards: 7. Demonstrate procedures for tinting the lash and brow. 8. Demonstrate the application and removal of artificial eyelashes. 9. Apply procedures for shaping eyebrows, including tweezing and hot and cold methods of waxing. Learning Objectives: 1. Determine the procedures for tinting the lash and brow. 2. Determine safety measures to be followed during tinting application of lash and brow. 3. Explain procedures for the removal of artificial eyelashes. 4. Demonstrate the removal of artificial eyelashes. 5. Describe the procedure for shaping and tweezing eyebrows. 6. Demonstrate shaping eyebrows using tweezing. 7. Describe safety measures in shaping eyebrows using waxing. 8. Describe the procedure for hot and cold methods of waxing.</p> <p>9. Demonstrate the procedure for shaping eyebrows using hot and cold methods of waxing.</p> <p>Unit 4 – Facials Content Standards: 10. Utilize advanced techniques for facial treatments including facial machines and steamers, gauze masks, packs, and toners. 11. Identify skin disorders that may be handled in the salon versus disorders that should be referred to a physician. Learning Objectives: 1. Describe the basic categories for facial treatments. 2. Determine products, supplies and equipment used in advanced techniques for facial treatment. 3. Determine safety procedures to follow in operating facial machine. 4. Demonstrate the proper use of a facial machines, steamers, gauze masks, and toners used for facial treatments.</p>	

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	5. Compare skin disorders and treatments that may be handles in the salon. 6. Compare skin disorders and treatments that should be referred to a physician.	